



FLOREAT INTERNATIONAL SENIOR SECONDARY SCHOOL

CBSE Affiliation No: 930700 | School Code: 75673

Valiyaparamba, Pulikkal, Malappuram – 673637 | Mob: +91 7559 942 652

Run by: Ernad Foundation Educational and Charitable Trust (EFECT)

MESS MENU

Floreat International School's mess provides nutritious and well-balanced meals for students, ensuring their health and well-being. With a focus on hygiene and quality, our meals are carefully planned to meet the dietary needs of growing children.

	MORNING TEA (KG: 10:45 AM GRADES 1-10: 11:05 AM)	LUNCH (KG: 12:45 PM GRADES 1-10: 1:10 PM)	EVENING TEA (KG: 3:30 PM)
MONDAY	TEA & BISCUITS	SAMBAR & CABBAGE/BEANS UPPERI	OATS
TUESDAY	TEA & BOILED EGG/BANANA	ERISSERI, PAPPADAM & PULIYINCHI/PICKLE	RAGI
WEDNESDAY	TEA & BISCUITS	CHICKEN CURRY & CURD/PAPPADAM	RAGI VERMICELLI PAYASAM
THURSDAY	KANJI	VEG CURRY & GREEN PEAS/MAMBAYAR	BOOST
FRIDAY	HORLICKS/BOOST & BISCUITS	CHICKEN CURRY & CURD/PAPPADAM	HORLICKS
SATURDAY	TEA & BISCUITS	SAMBAR & KOOTTUCURRY/AVIYAL	---

*Biriyani will be provided twice-a-month for lunch.

Email: floreatschool@gmail.com | www.floreatinternationalschool.com

@floreatschool @floreat_international_school @school.floreat